



Support/competitor feeding area by tents

T

Tent area T

T

1 mile  
1.609Km

T = toilets

loop

Official feeding station  
in Castletown Square

Castletown Square  
Start/finish line  
2 miles / 3.218 km

Race HQ  
(Castletown Commissioners' offices)

Changing and shower facilities at Southern  
Swimming Pool

100m loop

T